

Presentation to the Behavioral Health Oversight Commission

March 10, 2006

NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



Table of Contents

I. Finances Pages 3-4

- Medicaid Funding

II. Services Pages 5-20

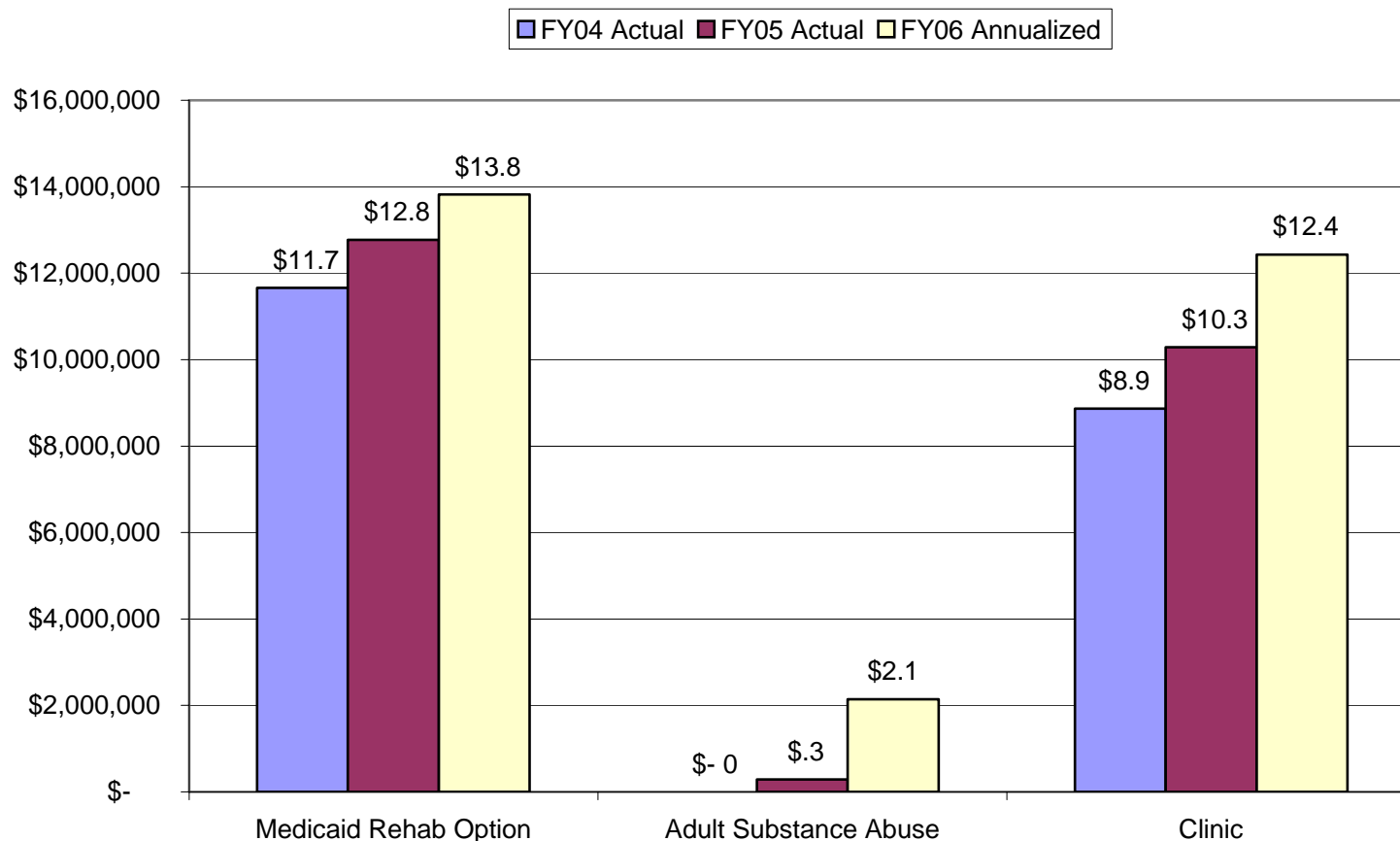
- Development of Community Based Services
- Housing Related Assistance

III. Census Pages 21-30

- EPC Admissions by Region
- EPC Admissions Per 1,000 People in Region
- MH Board Commitment Admissions to BH Reform Units by Region
- MH Board Commitment Admissions to BH Reform Units per 1,000 people by Region
- HHS BH Referral List
- Regional Center BH Reform Unit Census
- Regional Center Discharge Follow-up Project

IV. Hospital Concerns Page 31

**Nebraska Medicaid Rehab Option, Adult Substance Abuse and Clinic Expenditures
for Age 21 and over
State Fiscal Year 2005 actual - 2006 annualized
(Dollars in Millions)**



Total expenditure for Medicaid Rehab Option, Adult Substance Abuse and Other/Clinic for FY04 - \$20.5, FY05 - \$23.4 Million and Annualized FY06 - \$28.4 Million based on Claims paid thru Feb 2006

Medicaid Funding

	TOTAL MRO	Clinic (excludes MRO)	Adult Substance Abuse	Total
FY 04	\$ 11,665,186	\$ 8,867,709	-0-	\$ 20,532,895
FY 05	\$ 12,773,557	\$10,290,430	\$ 290,923 ⁽¹⁾	\$ 23,354,911
FY 06 (est)	\$ 13,817,277	\$12,430,441	\$ 2,139,680 ⁽²⁾	\$ 28,387,398

Calculation to Determine the Change in Federal \$ Over FY 2004

FY 05	\$ 665,023	\$ 853,633	\$ 174,554	\$ 1,693,209
FY 06 (est)	\$ 1,291,255	\$ 2,137,639	\$ 1,283,808	\$ 4,712,702

Percent Change from FY 2004

FY 05	9.5%	16.0%	-	13.7%
FY 06 (est)	18.4%	40.2%	635.5%	38.3%

(1) Actual ASA for Febr. 05 to June 05

(2) FY06 Annualized with July-Nov 05 data

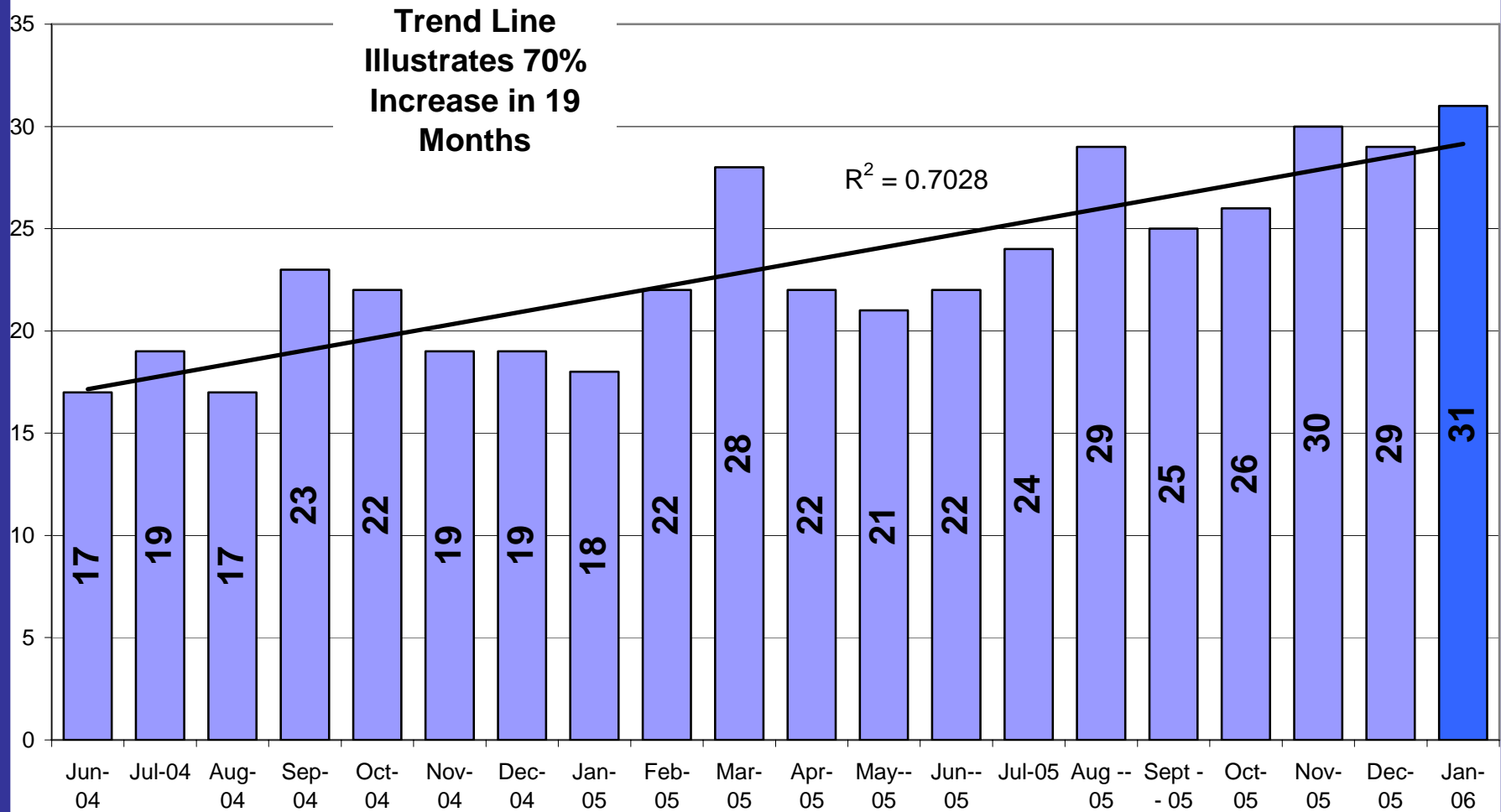
Note: Excludes additional federal funds for inpatient acute psychiatric hospital and subacute services. The claims information is incomplete.

Community Services

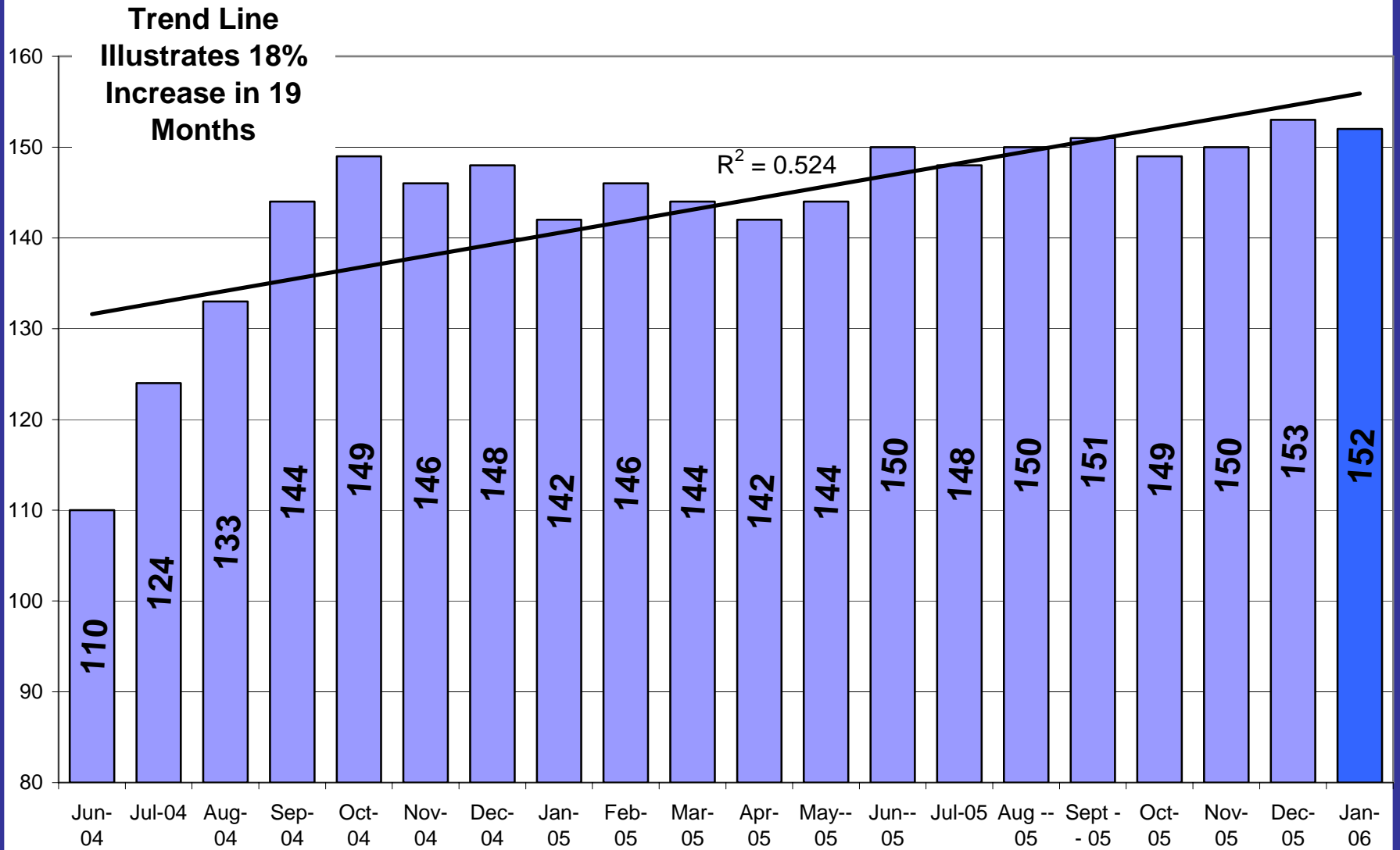
June 2004 – January 2006

- Development of Community-based Services
 - Progress Reports
- Number of People Served
 - Dual Residential – 70% Increase
 - Assertive Community Treatment – 18% Increase
 - Community Support - Mental Health – 29% Increase
 - Community Support - Substance Abuse – 25% Increase
 - Short Term Residential – 31% Increase
 - Day Rehabilitation – 8% Increase
 - Psychiatric Residential Rehabilitation – 13% Increase
 - Total People Served in Community Services – 21% Increase

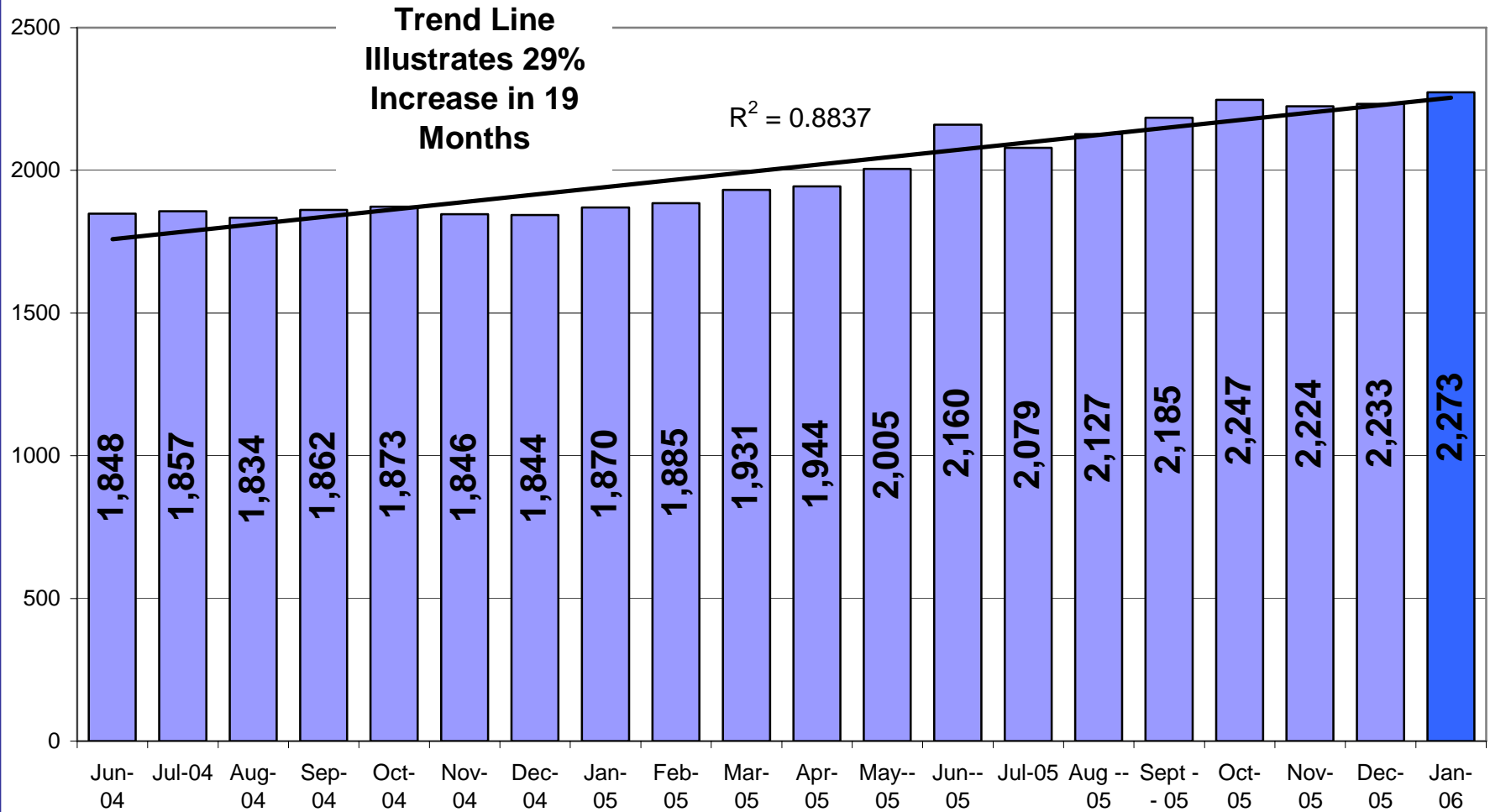
People Served Per Month in Dual Residential Services



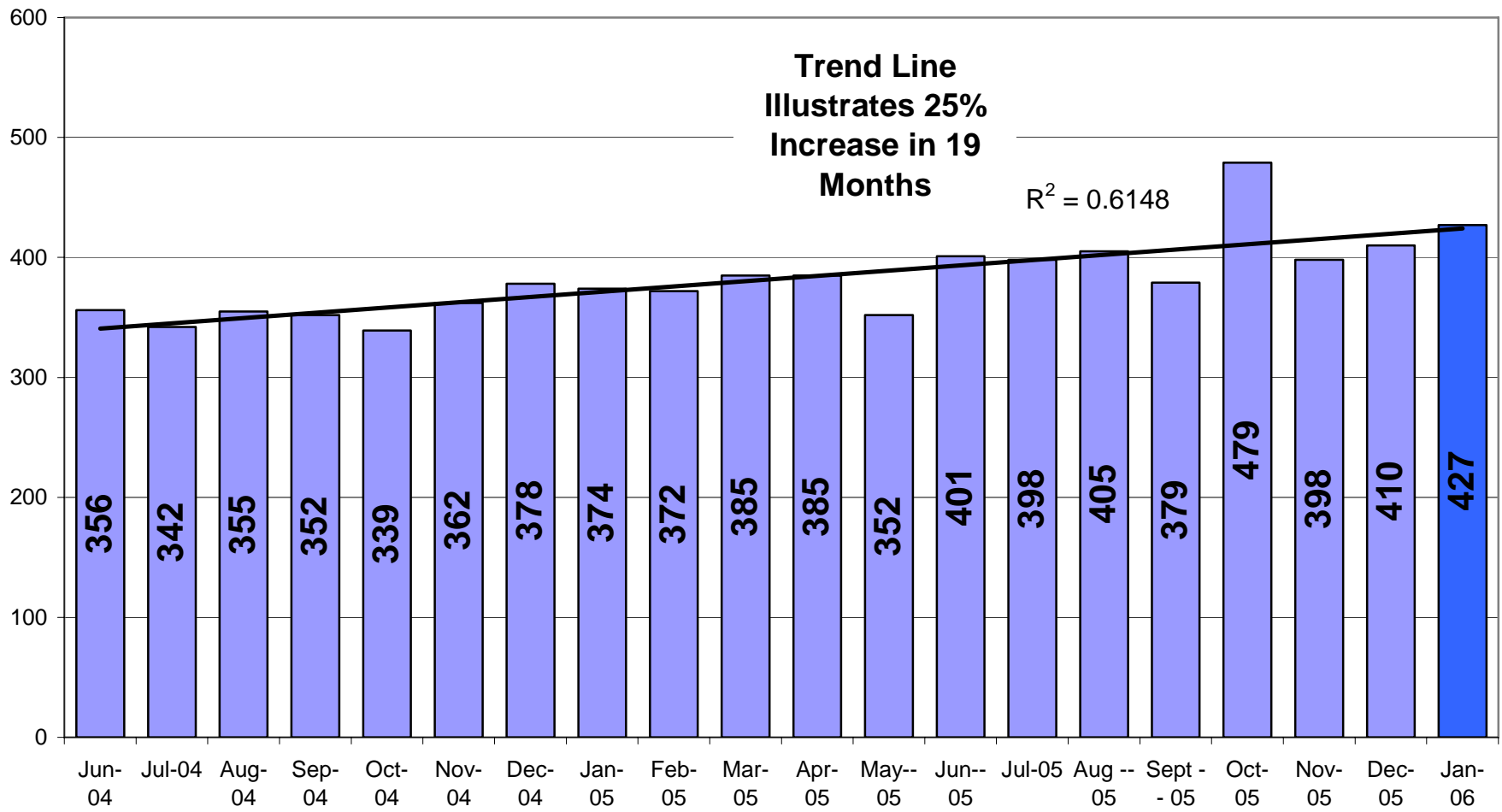
People Served Per Month in ACT



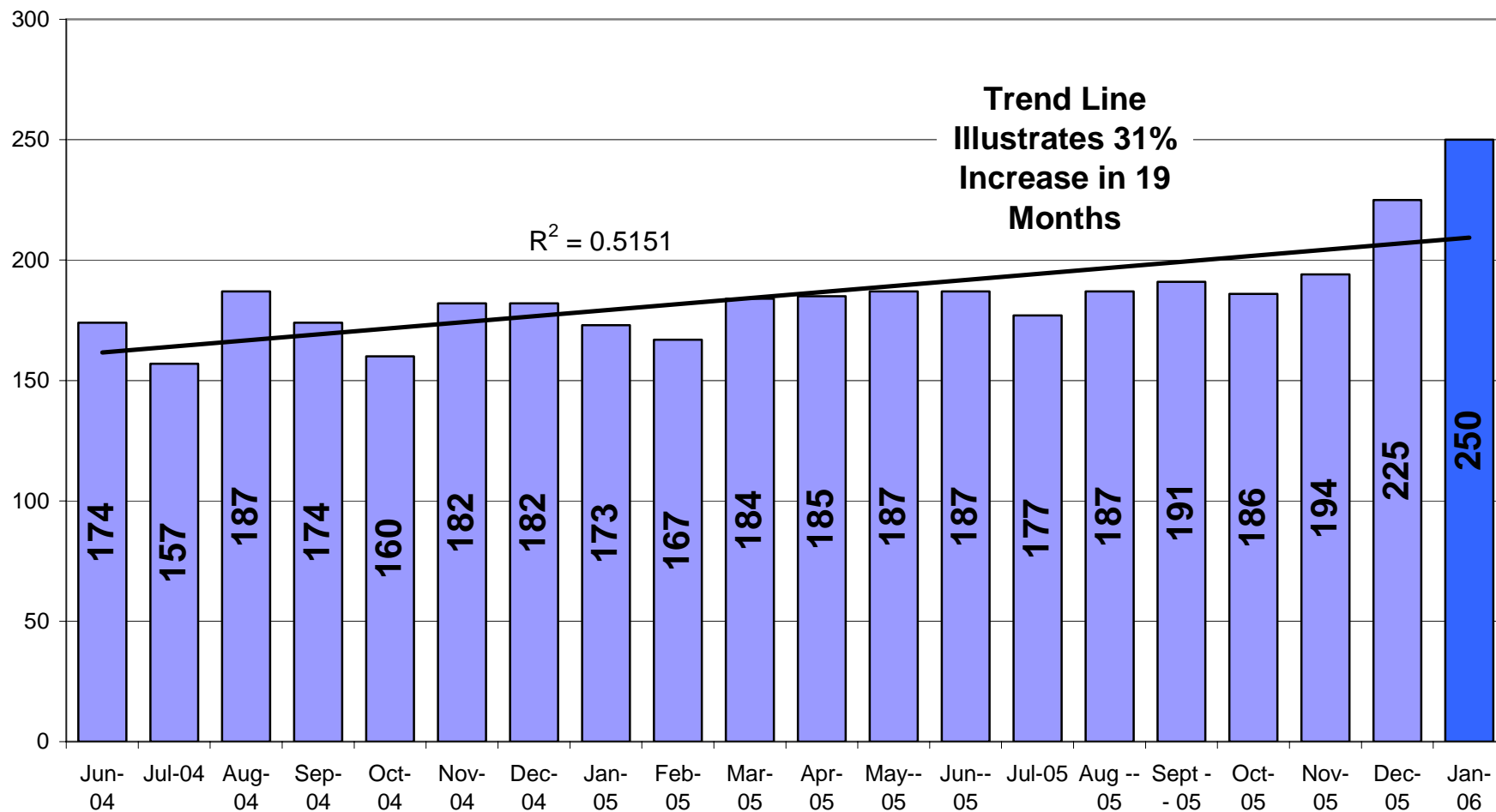
People Served Per Month in Community Support - Mental Health



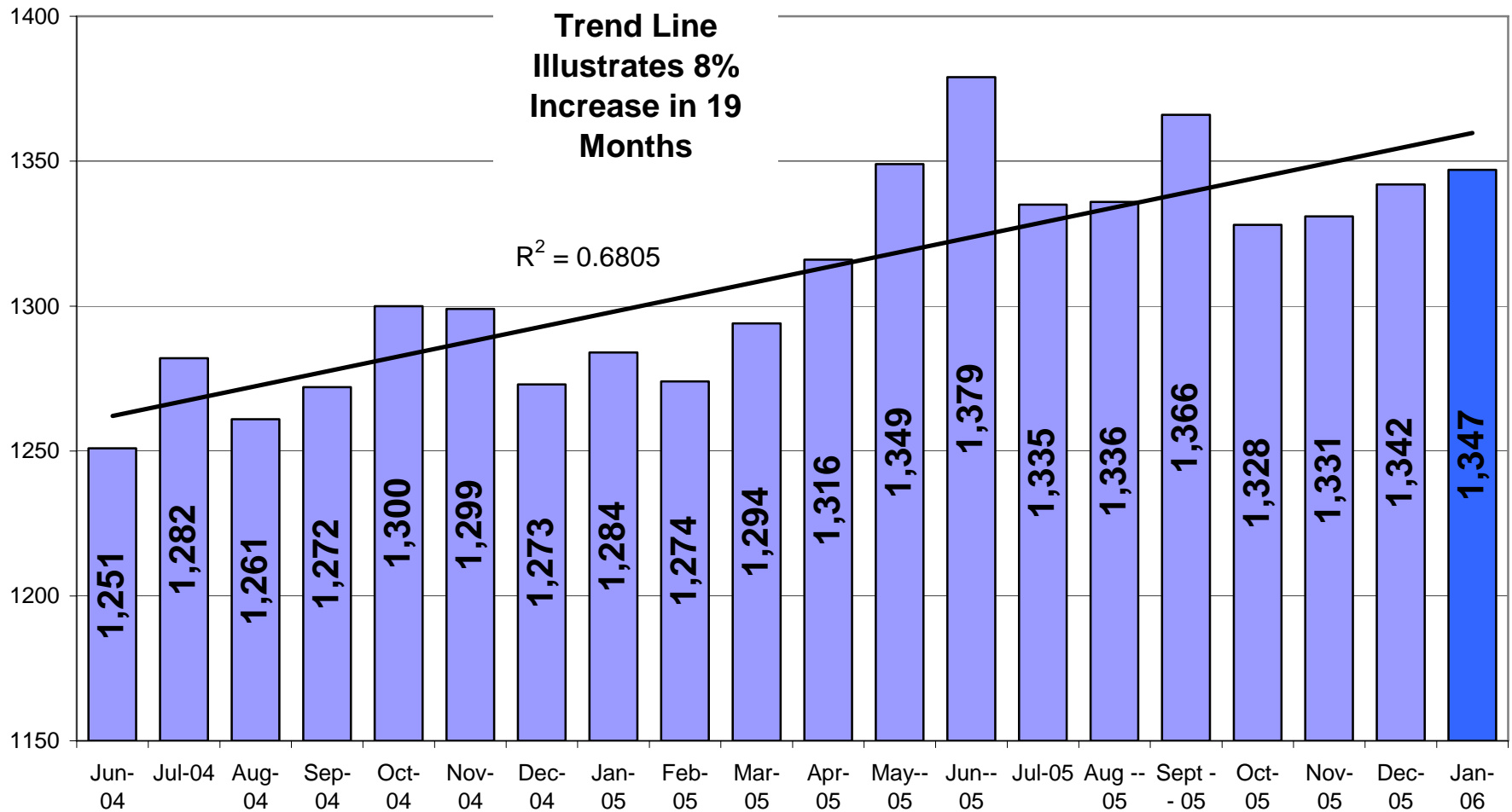
People Served Per Month in Community Support - Substance Abuse



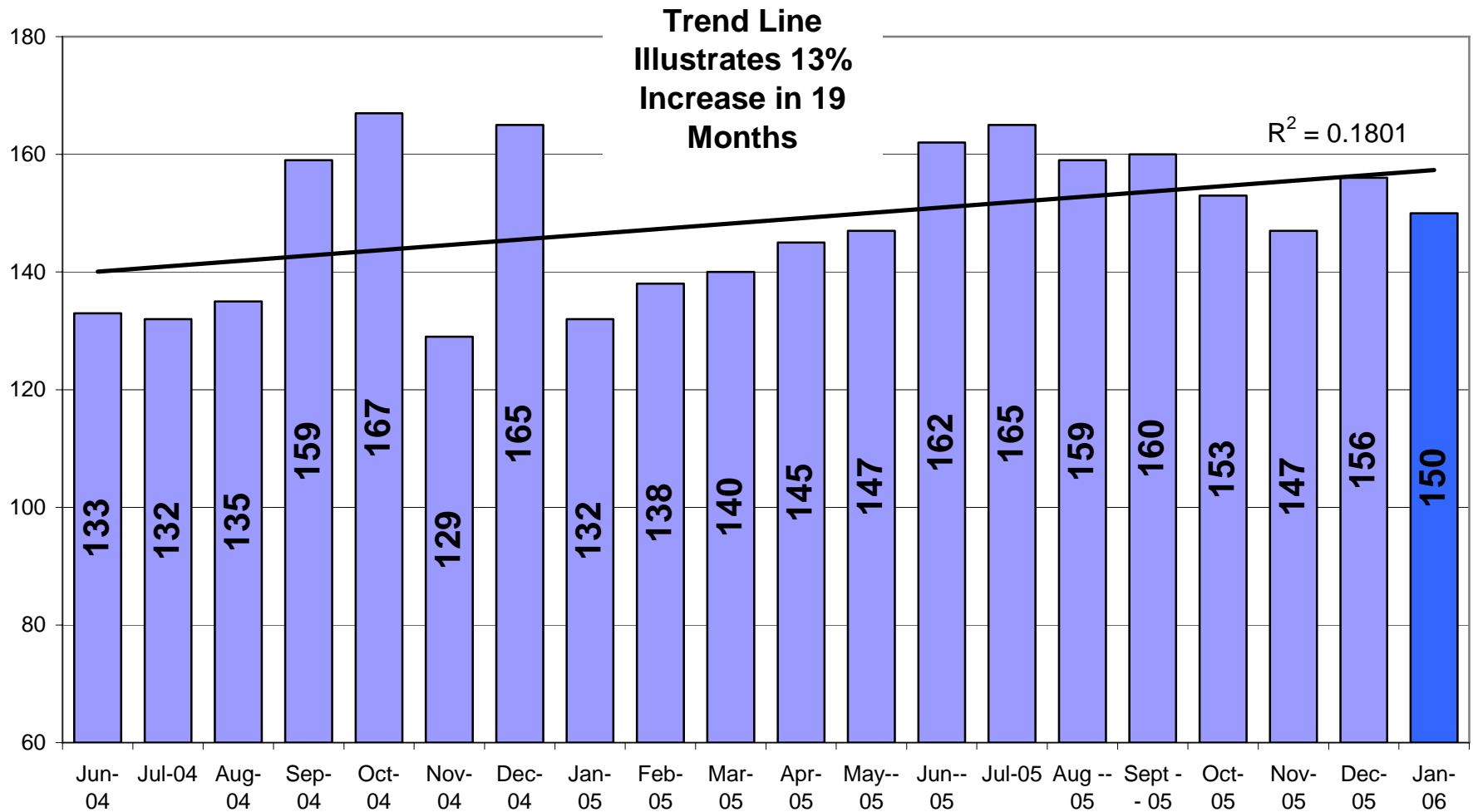
People Served Per Month in Short Term Residential



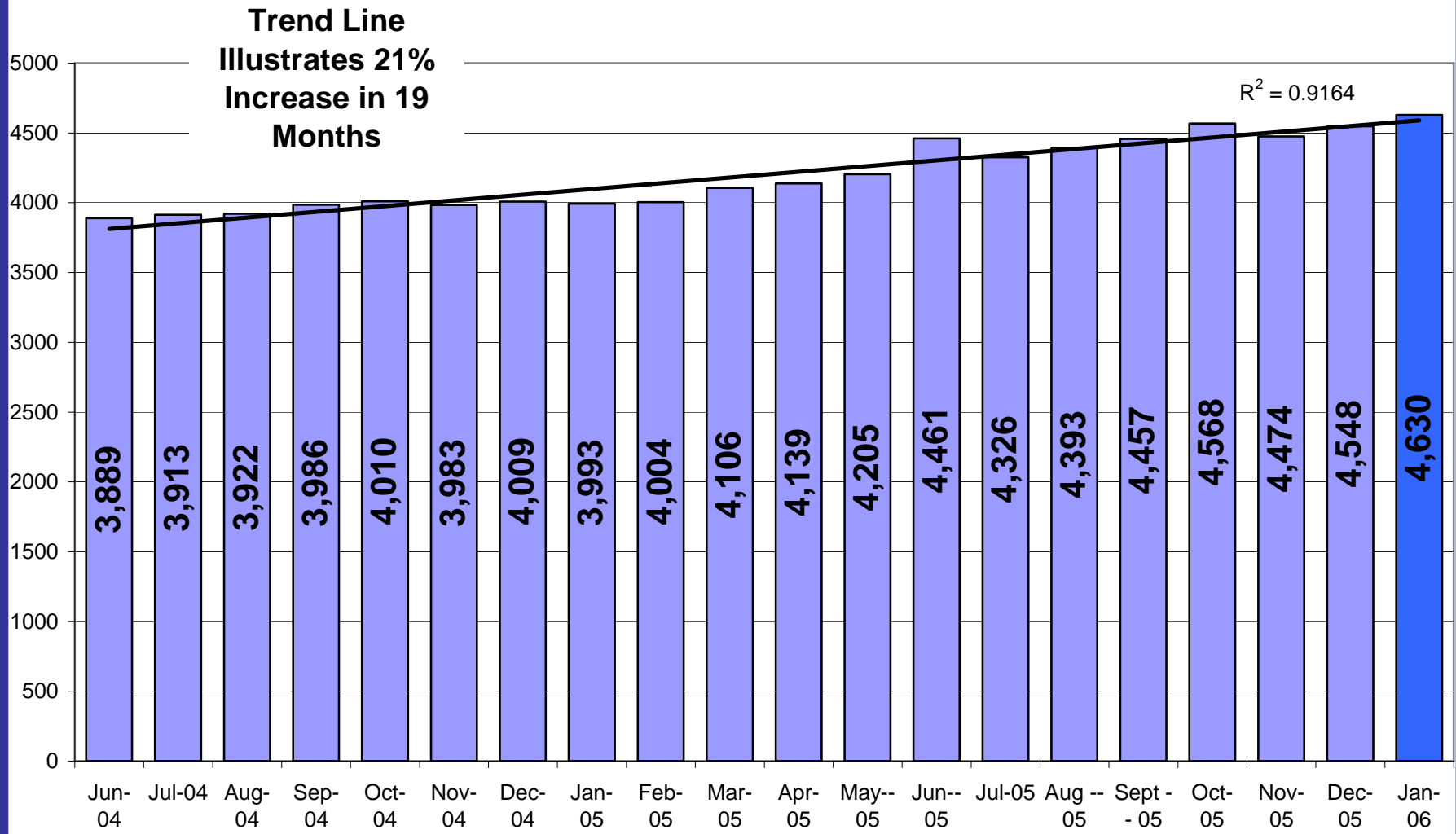
People Served Per Month in Day Rehabilitation Services



People Served Per Month in Psychiatric Residential Rehabilitation



Total People Served (Duplicated) Per Month in Community Services



Housing Related Assistance

- Voucher Program to provide housing related assistance for adults with serious mental illness was authorized by LB40 (2005) starting July 1, 2005
- All Regions were ready to start serving consumers in October 2005
- Service extended from Priority One individuals to Priority Two individuals in December 2005
 - Priority One Individuals are those discharged from inpatient mental health commitment or those making room for an individual being discharged from inpatient mental health commitment
 - Priority Two Individuals are those at risk for an inpatient mental health commitment

Unchanged from February Report

Housing Related Assistance

Estimated and Reserved Vouchers by Region

As of January 17, 2006

Region	Estimated Minimum # of Vouchers	Number Reserved for Priority One Consumers	% of Region's Total Vouchers for Priority One	Number Reserved for Priority Two Consumers	% of Region's Total Vouchers for Priority Two
1	14	7	50%	7	50%
2	14	12	86%	2	14%
3	46	30	65%	16	35%
4	46	32	70%	14	30%
5	75	60	80%	15	20%
6	123	70	57%	53	43%
Rg Total	318	258	81%	60	19%
Reserve	28				
Totals	346				

Housing Related Assistance

Voucher Applications by Region

as of January 31, 2006

Region	Total # of Applications	Total # of Approved Applications	Total # of Denied Applications
1	12	8	4
2	5	5	0
3	23	16	7
4	4	3	1
5	16	15	1
6	22	21	1
Totals	82	68	14

As of January 31, 2006, there were 82 consumers who applied, with 68 approved, 8 left the program, leaving 60 approved for services.

Housing Related Assistance

- LB40A One-Time Funding
 - Provides for new construction, acquisition, or rehabilitation of housing to assist very low income adults with serious mental illness
 - Contracts were completed by Regions, and billings were submitted in August 2005
 - Region 1 is contracting with Cirrus House to build 8 Housing Units
 - Region 2 is helping Lutheran Family Services of Nebraska build Josiah Place apartment complex
 - Region 3 is working with Goodwill Industries of Greater Nebraska on their current HUD housing project for 10 units; South Central Behavioral Services for their Pathways Plaza and a housing project in Kearney (planning phase)
 - Other Regions continue to plan

Unchanged from February Report

Housing Related Assistance

LB40A One-Time Funding Payments Made to the Regions

Region	One Time Funds
1	\$97,785
2	\$110,700
3	\$239,850
4	\$232,470
5	\$446,490
6	\$717,705
Totals	\$1,845,000

www.housing.ne.gov

- A new, free listing service for rental housing across Nebraska was launched March 1, 2006
- The new listing service helps families and individuals find rental housing across the state.
- Property owners & managers may list their rentals on the web site at no cost.
- People may access the listings
 - Via the internet at www.housing.ne.gov or
 - Individuals who do not have access to the Internet may call this toll free number: 1.877.428.8844.

www.housing.ne.gov

- The web site is actually part of "Socialserve.com" Charlotte, NC
- The NE web site is a collaborative effort by the following organizations to ensure that this web application contains appropriate and necessary information for the end user.
 - Assistive Technology Partnership (lead agency)
 - Omaha Housing Authority
 - Lincoln Housing Authority
 - Region V Systems
 - Nebraska Investment Finance Authority (NIFA)
 - U.S. Department of Housing and Urban Development (HUD)
 - Hotline for Disability Services
 - Nebraska Health and Human Services
 - Nebraska Department of Economic Development
 - U.S. Department of Agriculture (USDA) Rural Development in Nebraska
 - Nebraska Chapter of the National Association of Housing & Redevelopment Officials (NAHRO)

EPC Admissions by Region

FY02, FY03, FY04, FY05, Q1 & Q2 FY06

Region	FY02	FY03	FY04	FY05	Q1 & Q2 FY06
Region 1	269	221	231	245	104
Region 2	169	155	153	154	88
Region 3	543	550	520	510	278
Region 4	646	496	496	451	226
Region 5	744	834	798	850	455
Region 6	559	457	403	452	202
Total	2930	2713	2601	2662	1353

Unchanged from February Report

Data Source: Regional Administration and Magellan Behavioral Health

FY06 Data Run Date: January 19, 2006

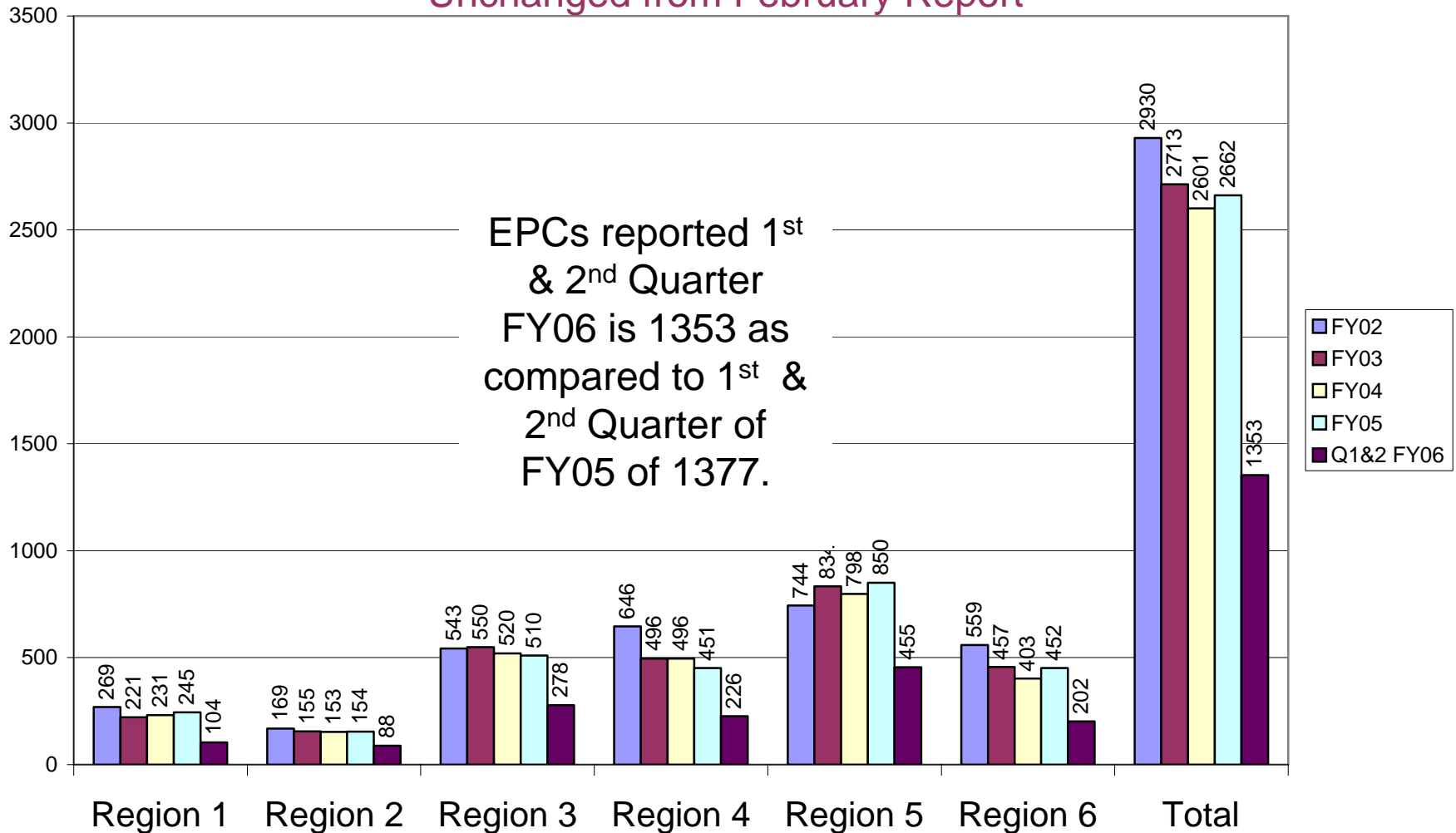
FY05 Data Run Date: Oct 7, 2005

* FY 04 Amended by Region 1 to reflect full year data.

** FY 05 Amended by Region 1 - Double data entry of admissions being corrected

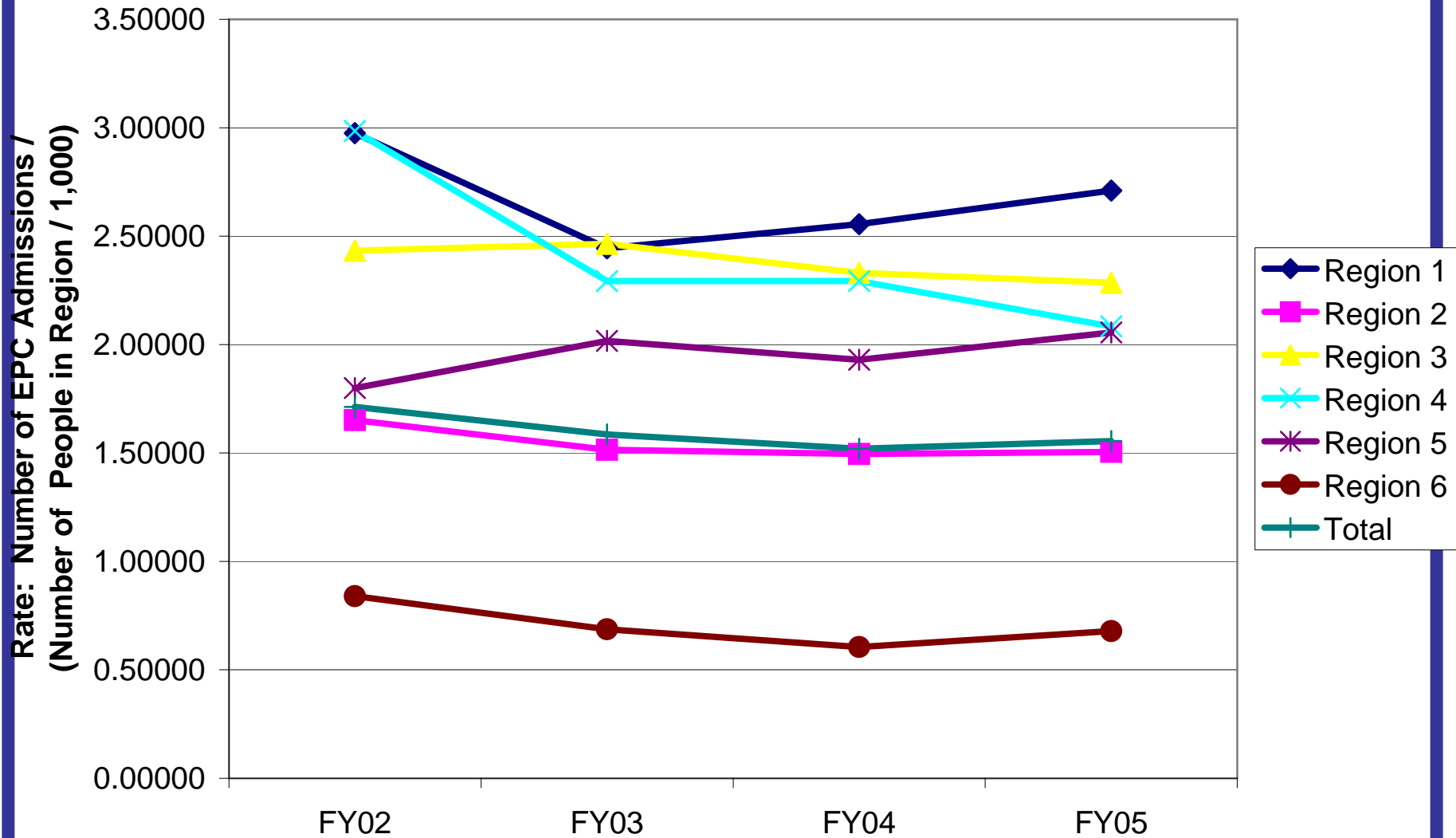
EPC Admissions by Region

Unchanged from February Report



EPC Admissions Per 1,000 People in Region

Population Determined by Official Census 2000



Mental Health Board Commitment Admissions to Behavioral Health Reform Units* by Region

Excludes Adolescent, Forensic and Sex Offender Units

FY02, FY03, FY04, FY05, Q1 & Q2 FY06

Region	FY02	FY03	FY04	FY05	Q1 & Q2 FY06
Region 1	50	54	40	7	3
Region 2	74	40	35	32	16
Region 3	241	179	140	129	65
Region 4	39	69	80	76	21
Region 5	205	216	172	155	87
Region 6	262	274	274	227	107
Total	871	832	741	626	299

Unchanged from February Report

Data Source: AIMS

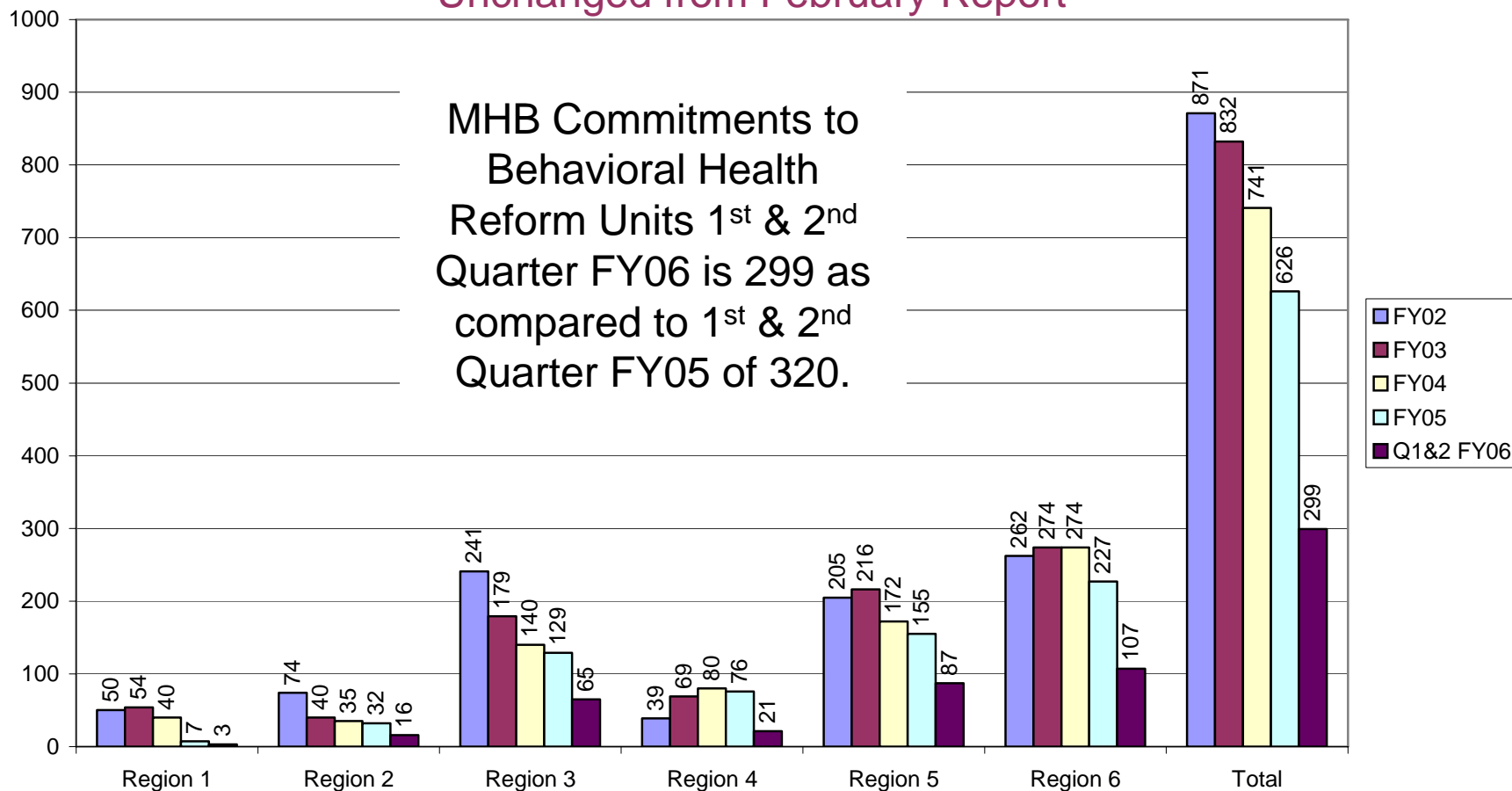
Run Date: January 24, 2006

* Behavioral Health Reform Units includes inpatient and residential units at LRC, NRC, and HRC, but excludes Adolescent, Forensic and Sex Offender units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units by Region

Excludes Adolescent, Forensic and Sex Offender Units

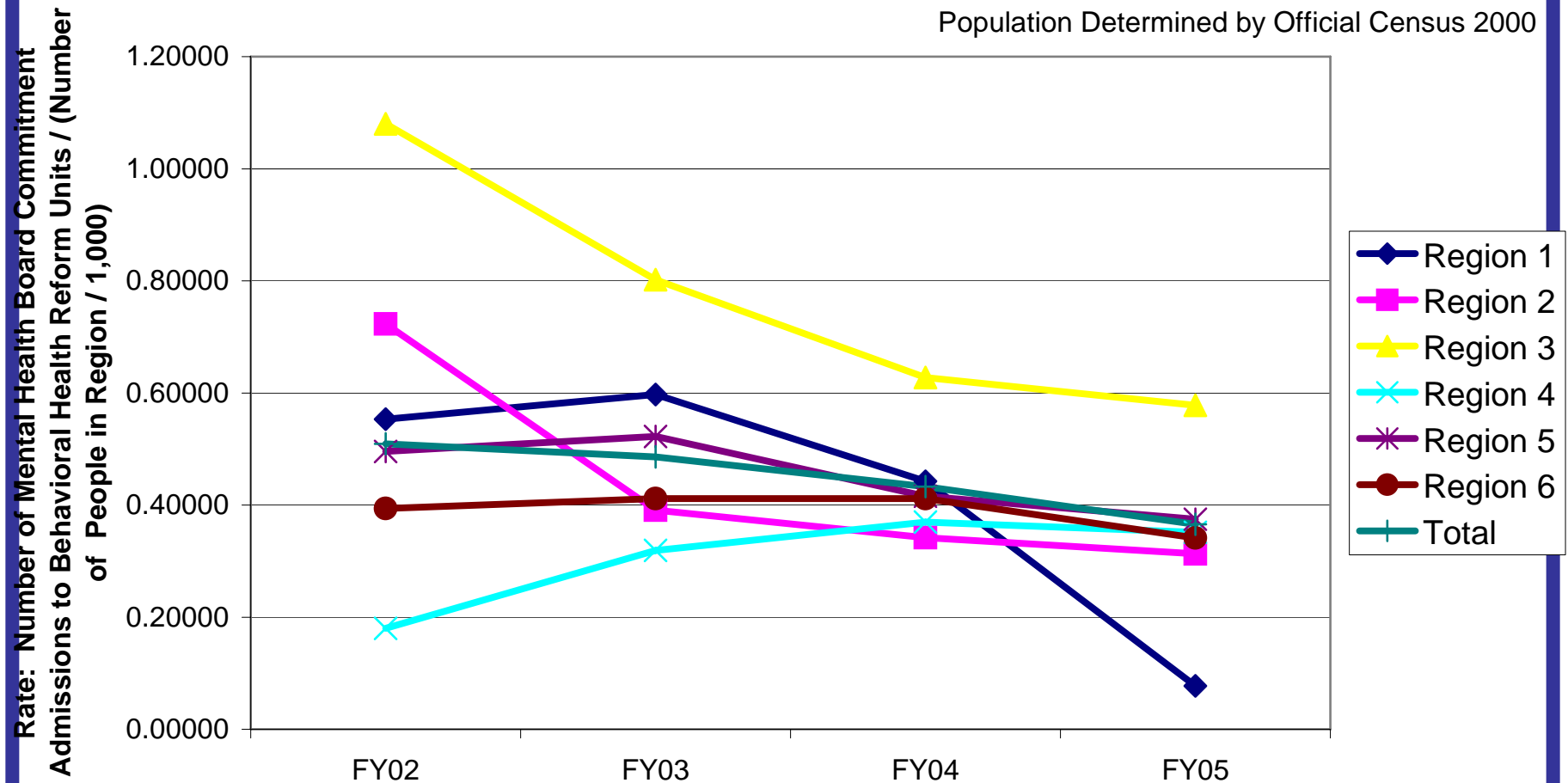
Unchanged from February Report



Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

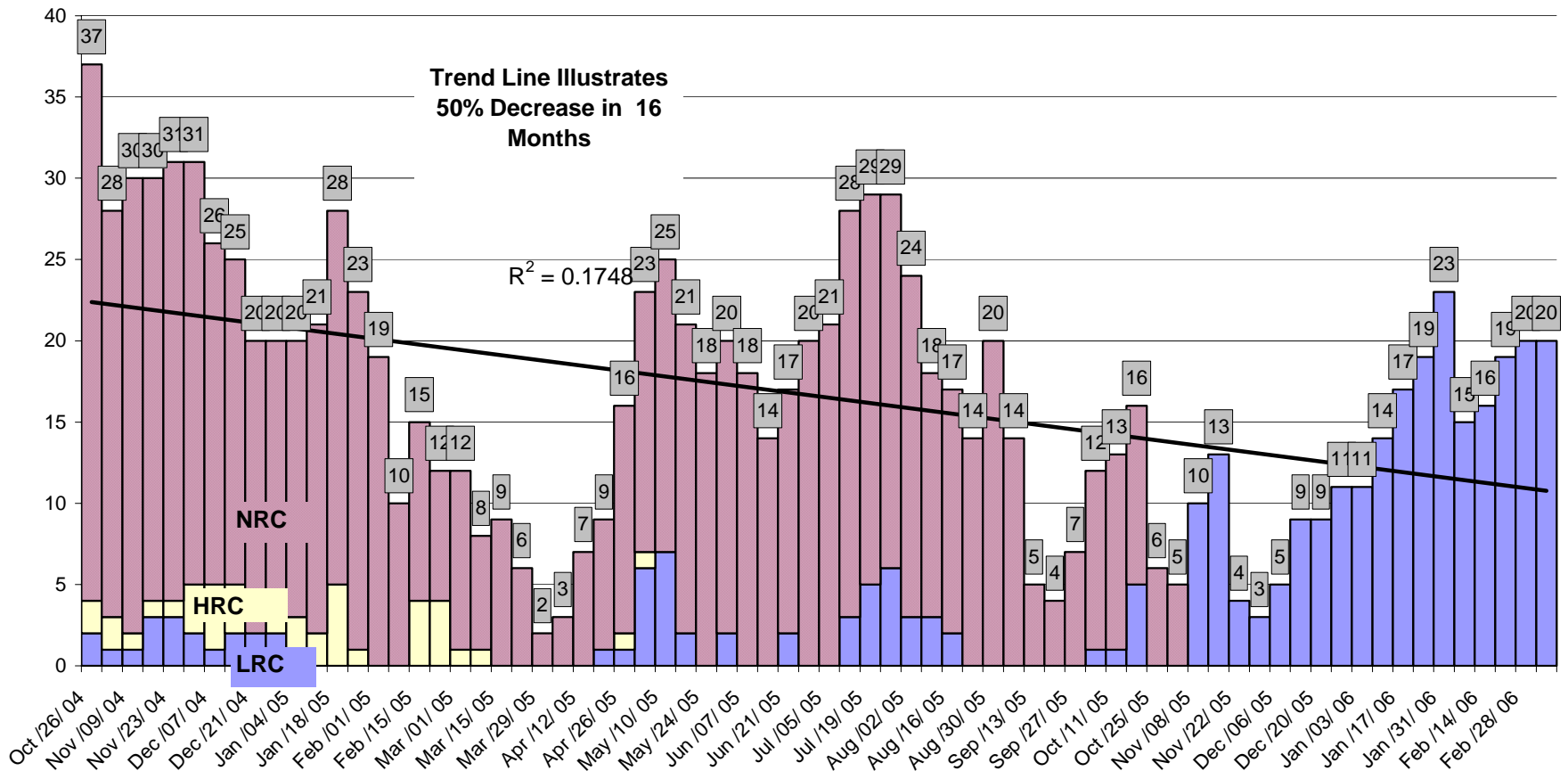
Population Determined by Official Census 2000



March 8 , 2006

Region 3 – 3 People (15% of list) –0.013444 Rate per 1,000 People in Region
 Region 4 – 4 People (20% of list) –0.018485 Rate per 1,000 People in Region
 Region 5 – 8 People (40% of list) –0.019344 Rate per 1,000 People in Region
 Region 6 – 5 People (25% of list) –0.007514 Rate per 1,000 People in Region

HHS BH Referral List



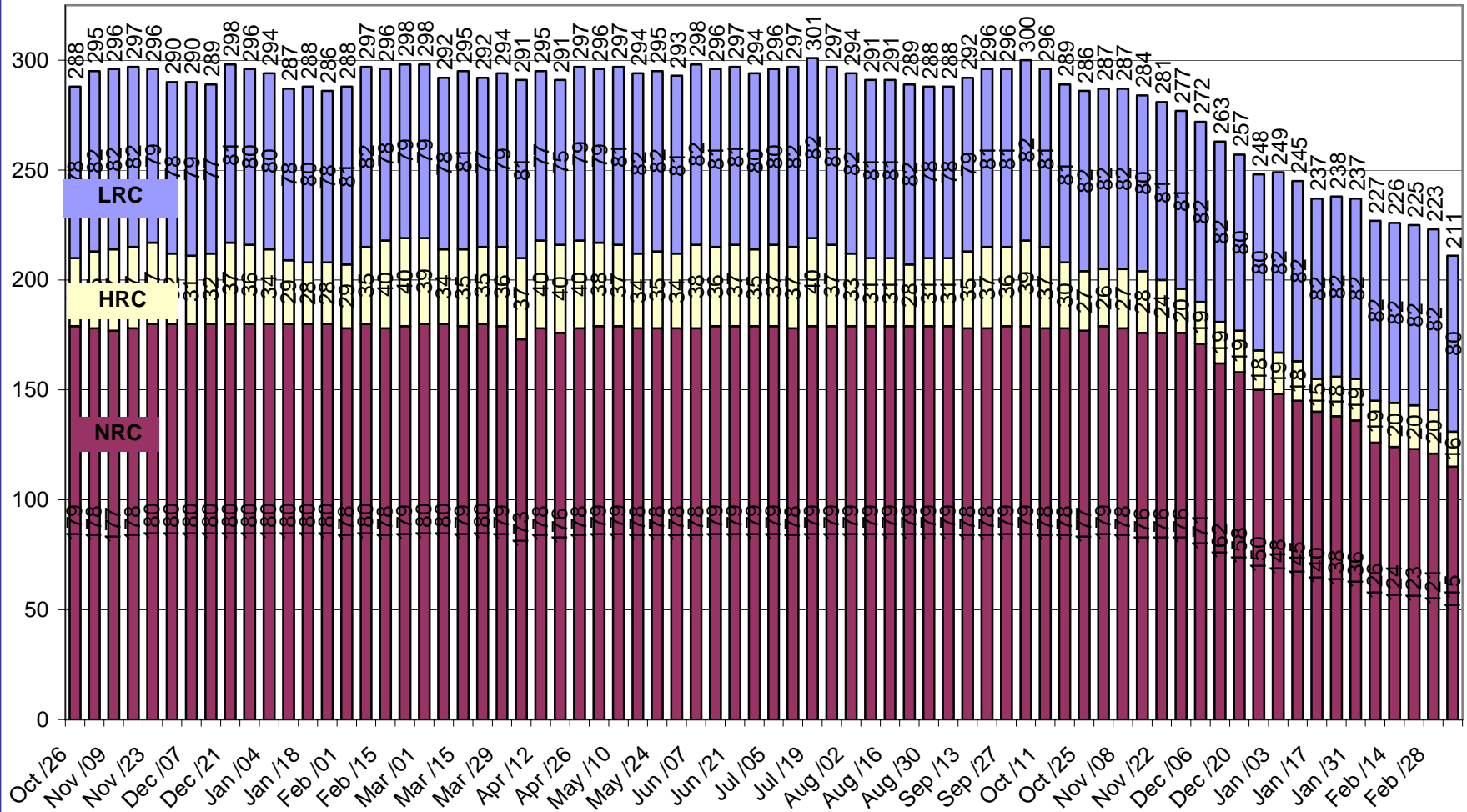
March 10, 2006

HHSS Division of Behavioral Health Services

27

Regional Center Behavioral Health Reform Unit Census

Excludes: Adolescent, Forensic and Sex Offender Units



Regional Center Discharge Follow-up Project

- 95% of consumers being actively followed-up have received services in the last 90 days. The other 5% are deemed to be in an “unknown” status.
 - 10 individuals remain as “services unknown” status and attempts are being made for further follow-up
 - 1 individual is receiving ACT
 - 1 individual is living in a nursing home
 - 2 individuals are living in private residences
 - 6 individuals are in jail
 - 1 individual reportedly died by suicide, further information is being gathered

This information was compiled by the University of Nebraska Medical Center, Department of Preventative and Societal Medicine, Epidemiology Section, through the Regional Center Discharge Follow-Up Services Contract for the period March 1, 2005 to May 31, 2006.

Regional Center Discharge Follow-up Project

- 17.86% of consumers discharged 180 days or longer on September 30, 2005 were readmitted within 180 days.
 - Clinical teams at the Regional Centers are completing analysis of these readmissions to determine key system and individual factors to better position the individuals for longer stays in the community

This information was compiled by the University of Nebraska Medical Center, Department of Preventative and Societal Medicine, Epidemiology Section, through the Regional Center Discharge Follow-Up Services Contract for the period March 1, 2005 to May 31, 2006.

Hospital Concerns / Action Steps

- Meetings with hospitals
- Data collection regarding Emergency Room admissions
- Analysis of data / development of solutions